

# Absolute Adventure

*Anchoring Memories, Inspiring Heroes*



جائزة الشيخ سلطان لطاقات الشباب  
SHEIKH SULTAN AWARD FOR CELEBRATING THE SPIRIT OF YOUTH



# The Sheikh Sultan Award with Absolute Adventure

Absolute Adventure is pleased to offer a unique opportunity for students to complete the Activity and Volunteering elements of the Sheikh Sultan Award at our outdoor centres in the UAE. We are opening up two dedicated weeks during the school holidays for this purpose:

- October 14–18, 2025
- January 5–9, 2026

During these weeks, students working towards Bronze, Silver, and Gold levels of the award will have the chance to complete their required elements in a safe, structured, and inspiring outdoor environment.

## Our Locations

We operate two purpose-built outdoor centres:

1. Mountain Camp – A rugged base in the mountains, perfect for camping, hiking, high ropes, and land-based skill development.
2. Watersports Centre – Located in a pristine mangrove area, this centre allows students to explore environmental conservation, watersports, and coastal biodiversity.

## Program Structure

The program is designed to allow students from different schools and levels to join together while completing their award requirements.

Key Features:

- **Arrival:** All participants arrive on Day 1.
- **Departure:** Staggered throughout the week depending on award level requirements.
- **Supervision:** Our experienced outdoor facilitators will supervise all activities. No parental presence is required during the program.
- **Accommodation:** Overnight camping is provided at our Mountain Camp to meet the award criteria.
- **Meals:** All meals are provided.
- **Kit:** Participants are expected to bring their own equipment or hire from Absolute Adventure.



## Why Join?

This is more than just a camp! It's a chance to:

- Connect with nature
- Gain new skills
- Push personal boundaries
- Meet peers from across the UAE
- Complete award elements in a dynamic and fulfilling way



**HERO**  
EXPERIENCES GROUP

Part of  
**Your Life. Your Story.  
BE A HERO**

# Activities

All participants will take part in structured outdoor learning, adventure activities, and environmental volunteering, including:

## Outdoor & Adventure Activities:

- Tent pitching and campcraft
- Orienteering and navigation
- Archery
- Mountain Biking
- High ropes course
- Hiking and survival skills
- Team-building and leadership challenges



## Watersports:

- Kayaking and paddleboarding
- Team games on water
- Raft Building

## Volunteer & Environmental Activities:

- Biodiversity surveys in the mangroves
- Tree and flora surveys
- Environmental clean-up and conservation work



## Progression and Skill Development

Students staying for a longer period (silver and gold), will benefit from a more in-depth experience. With extended time in the program, these participants will have the opportunity to:

- Develop deeper outdoor skills such as advanced navigation, leadership in group settings, and campcraft.
- Take on greater responsibility within group tasks and environmental projects.
- Participate in progressive learning, where each day builds on the last to strengthen confidence, independence, and resilience.
- Gain hands-on experience in environmental stewardship, contributing meaningful data through biodiversity and ecological surveys.

This extended duration allows participants to move beyond just trying new activities, they begin to master skills, take initiative, and grow as leaders, making the experience particularly valuable for older students preparing for university or the workforce.





# Program Overview



## Arrival & Departure

- All participants (Bronze, Silver, and Gold) will arrive on Day 1 of the program.
- Departure days are based on the level of award being completed:
  - Bronze: Depart on Day 3
  - Silver: Depart on Day 4
  - Gold: Depart on Day 5

## Logistics

- Drop-Off and Pick-Up: Parents/guardians are required to drop off participants on Day 1 and pick them up on their assigned departure day.
- Supervision: Participants are fully supervised by our experienced outdoor facilitators for the duration of their stay. Parental attendance is not required, but can be provided at an additional cost, staying in our indoor facilities.

## Volunteering

All participants, regardless of award level, will take part in meaningful volunteer projects. These may include:

- Biodiversity and tree surveys
- Mangrove clean-up and conservation
- Environmental data collection and analysis

This program provides a balanced experience of adventure, skill-building, and community contribution, all within a safe and supportive setting.





# Program Flow

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Participants will rotate through a series of activity blocks. Each day is structured to balance active sessions with reflection, discussion, and rest breaks.

## Typical Daily Flow:

- 07:30 – 09:00 Breakfast
- 09:00 – 10:30 Activity 1
- 10:30 – 10:45 Break and Water Refill
- 10:45 – 12:15 Activity 2
- 12:30 – 14:00 Lunch and Free Time
- 14:00 – 15:30 Activity 3
- 15:30 – 15:45 Break and Water Refill
- 15:45 – 17:15 Activity Block 4
- 18:00 – 19:00 Dinner
- 19:00 – 20:00 Evening activity (campfire, night hike etc)

## Arrival Day

On Day 1, all participants are required to arrive by 12:00 PM to take part in a full camp orientation. Following lunch, the first scheduled activity will focus on learning how to set up camp, including pitching tents and understanding the basics of outdoor living.

## Departure Day

On departure day, participants are to be collected by their guardians between 1:30 PM and 2:00 PM, following lunch.





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